John R. Linstrom, D.D.S., emphasizes a preventive approach using the dental microscope

"Our goal is for you to keep your teeth for the rest of your life," states John Linstrom, a Medford dentist for 19 years. "Most of the time this is possible. Early detection and correction of dental problems are the key."

One of Dr. Linstrom's greatest aids in enabling patients to achieve this goal is his application of microscopic dentistry. As a dental student, Dr. Linstrom recalls, "I saw the microscope being adopted by the Department of Endodontics (root canal treatment) at the UCLA School of Dentistry, and I realized the tremendous potential for the microscope in general dentistry, as well, to improve upon accuracy in diagnosis and treatment."

Dr. Linstrom began using the microscope in his practice in 2002 for endodontics and shortly thereafter, for all dental procedures. He returned to the UCLA School of Dentistry to lecture in the application and benefits of using the microscope for all general dentistry.

Historically, dentistry has been symptom-based; the microscope is key to preventive-based dentistry, helping the dentist to identify a problem before the patient experiences discomfort or runs out of options. New patients to the prac-

Patient Testimonials

Since 2012, Dr. Linstrom has been voted among the winners of Medford's Favorite Dentists in *The Medford Sneak Preview*.

"Tve been to many dentists (having moved from No. California to So. Oregon) and have never experienced the level of care that Dr. Linstrom performs. His staff is very friendly and accommodating. I would not hesitate to recommend Dr. Linstrom to anyone who cares about his or her smile and dental health."

-Karyn of Eagle Point, Oregon

"Although in my life experience, I have learned that the front teeth are among the most painful to have worked on, this treatment was a very interesting, painless, and positive one.

"The modern technology and the well trained team members had a lot to do with my satisfaction. The dentistry was far beyond what I have experienced before, although I have spent much time from childhood, receiving dental treatment. Not only the usual modern drill and tools, but high power microscopic equipment associated with digital photography and shared viewing equipment, low energy digital X-ray equipment, as well as wide screen monitoring equipment on which one can actually view the work going on. All this and other related equipment allowed the team to diagnose the condition of the teeth far before decay could be detected. Also, as a public health professional, I was pleased to see how well the team observed sterile techniques.

"Most important of all was the care

with which treatment is provided. There was always attention provided regarding the patient's comfort and concerns. I certainly appreciate the approach this dental team takes to help patients keep all of their teeth."

—Hester of Medford, Oregon



Dr. Linstrom demonstrates microscope-enhanced dentistry. While he views the patient's mouth through the maneuverable microscope, the patient can see everything he sees on an overhead monitor.

tice, missing a tooth, often have told Dr. Linstrom that they wish the problem had been detected sooner so that they could have saved the tooth. Dr. Linstrom explains, "Many times I find that the microscope, because of its high resolution, allows for early detection of decay and structural cracks that we cannot see with traditional magnification or loupes." Magnifying a tooth 24x allows Dr. Linstrom to distinguish between super-ficial versus structural cracks, and stain versus decay. He also uses smaller dental instruments to create more precise, and more beautiful restorations. "The best tooth is a natural tooth with a healthy root, followed by a tooth with the smallest restoration possible," he states.

Dr. Linstrom's patients say they appreciate his enthusiasm, his individualized care and his thorough treatment.

If you would like to become his patient, please call to schedule an appointment today.



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The friendly, caring team includes: from left, Josie, Noelle, Dr. Linstrom, Julianne, Kylie and Sammi.